



**YWCA**  
EDMONTON

A TURNING POINT  
FOR WOMEN

## **Feminine Strength**

*Patricia Travers*

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As the lotus flower unfolded its last petal in my minds eye, my daughters new body was about to take its first breath of air upon this planet. There wasn't even a need to push. Life was in the flow. Her life was to flow into my world. The whole experience was a metaphor within a metaphor. The heartache that led to this precious moment was left behind in the muddy waters of the lotus flower. I no longer felt abandoned in the universe. A spiritual force had seen me through my time of need and assisted in my delivery. And I knew then that I was strong, because I was a woman and I was never alone.

*Author: Patricia Travers*

