

## YWCA Program: GirlSpace

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| How many volunteers are needed: | 18 volunteers  |
| Times needed:                   | <hr/> <ul style="list-style-type: none"> <li>• Two ten-week training sessions.</li> <li>• Training will occur at the YWCA Edmonton.</li> <li>• Dates and times to be determined.</li> <li>• Weekend retreat will be held at the YoWoChAs Outdoor Education Centre.</li> <li>• Total of 70+ hours of time commitment expected.<br/>(Includes training and weekend retreat)</li> </ul> <hr/>   |
| Dates needed:                   | To begin at the start of October   |
| Skills needed:                  | <hr/> <p>Facilitators will deliver the ten-week program in select schools following the program manual. The program comprises ten themed lessons. The lessons include a variety of activities that the mentors facilitate, direct or instruct. Such activities include: presenting information, leading discussion, demonstrating skills and techniques, facilitating role plays, and leading demonstrations and games.</p> <p>There is an opportunity for facilitators to bring their own unique personality and outlook to the program and to adapt the programming to meet the needs of their girl participants. Facilitators must also take weekly attendance and complete pre and post evaluations as to the program's effectiveness.</p> <p>Ideal candidates are post-secondary students currently enrolled in the following faculties:<br/>Psychology, Social Work, Education, Phys Ed &amp; Recreation, Women Studies, and/or Health Services.</p> <hr/> |
| Cut off for application:        | September 11, 2009   |
| Description/Blurb:              | <hr/> <p><b>Girl Space:</b> A ten-week (20 hour) psycho-educational preventative group program aimed at empowering pre-teen and early teen girls ages 9 - 13. The program aims to empower girl participants to become strong, assertive girls who exhibit and practice appropriate leadership and interpersonal relationship skills. The club is run in conjunction with Edmonton Public and Edmonton Catholic Schools.</p>  |